



Dear Parents,

The MFLC (Military Family Life Counselor) at your child's school is Emily Richardson.

MFLCs support the principal, teachers and students. This may look different in each class, but the goal is to help in any way. MFLCs serve as communicator, planner, coordinator, observer, volunteer, and display model behavior techniques. They listen to, and support the students by spending time in the classroom, participating in activities, greeting students when they arrive or leave school, approaching students who appear sad, lonely, or unhappy, and simply acknowledging them while walking through the halls. MFLCs also provide short interventions or facilitate longer in-depth conversations if needed. However, they are limited when it comes to actual counseling.

Thank you for all you do as parents investing in the emotional well being of your child!

MEMORANDUM FOR: PARENTS/LEGAL GUARDIANS OF URSA MINOR STUDENTS

FROM: URSA MINOR ELEMENTARY SCHOOL

SUBJECT: Child and Youth Behavioral Military & Family Life Counselor (CYB MFLC)

1. Due to the unique challenges faced by military families, particularly during this time of war, the Department of Defense is providing professional licensed counseling staff to provide non-medical counseling services to Service members and their families, children, and staff of Ursa Minor Elementary School. This letter is to inform you about the Child and Youth Behavioral Military & Family Life Counselor (CYB MFLC) program.
2. With the exception of mandatory state, federal, and military reporting requirements (i.e. domestic violence, child abuse and duty to warn situations), as well as oversight review by DoD of the service you received should an adverse or harmful event occur, MFLC support is private and confidential to encourage the widest level of participation.
3. The CYB MFLCs are available to provide non-medical support to faculty, staff, parents and children for issues amenable to short-term problem resolution such as school adjustment issues, deployment and reunion adjustments, and parent-child communications. In his/her role as counselor, he/she is available to:
 - observe, participate, and engage in activities with children and youth
 - outreach to parents
 - facilitate deployment groups at the school
 - conduct trainings for staff and parents
 - recommend referrals to military social services and other local resources as needed
4. Subject areas may include but are not limited to the following:
 - communication
 - mediating conflicts
 - managing anger
 - bullying
 - self-esteem/self confidence
 - behavioral management techniques
 - sibling/parental relationship challenges
 - deployment and reintegration issues
5. The counselor may also work with children in settings such as field trips and other school sponsored activities where he/she is available to talk to the children, facilitate group activities and be involved in such a way as to enhance the children's experiences.
6. The counselor is available to accommodate appointments and meetings/activities after hours and on the weekend with advance notice.
7. Please note the following rule that our counselor MUST abide by:
 - at no time will the counselor meet individually with a child without being in line of sight of a school employee or their parent/guardian.

8. The school is excited to offer the Military & Family Life Counseling (MFLC) program. This program is confidential and offered at no cost. If you have any questions regarding this program, please call Ursa Minor Elementary School at (907) 428-1311, or you may reach the MFLC directly at (907) 317-4448.

Please complete the section below and return to:

Ursa Minor Elementary School
Front Office
336 Hoonah Avenue
JBER, AK 99506

Student Name _____

I acknowledge that a CYB MFLC is available and I AUTHORIZE my child to receive MFLC support.

Parent or Guardian Signature

I acknowledge that a CYB MFLC is available and I DO NOT AUTHORIZE my child to receive MFLC support.

Parent or Guardian Signature